

Supportive advice for academic struggles

Dear [Friend's Name],

I know your studies have been overwhelming lately, but I want to encourage you not to give up.

Hard work now will open doors for you in the future, even if it feels exhausting in the moment.

Remember that every small step of progress counts.

Break down your workload into smaller tasks and celebrate each achievement. Don't be afraid

to ask for help when you need it. You're capable of so much more than you realize.

I believe in you completely. You've got this, and I'll be cheering you on every step of the way.

With encouragement,

[Your Name]

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