## Breakup letter focused on disrespect and boundary violations

Subject: This Ends Now
Dear [Name],
Your repeated disrespect and disregard for my feelings have made it impossible to continue with
you. I cannot and will not allow myself to be treated this way anymore.
This letter is to make it absolutely clear: our relationship is over. Do not expect any further contact
from me.
Sincerely,
[Your Name]

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