Heartfelt Apology to Parents

Subject: Apology for My Behavior

Dear Mom and Dad,

I want to express my deepest apologies for the way I behaved recently. Speaking to you in a disrespectful manner was completely out of line, and I feel ashamed for hurting you both.

You have always been patient and supportive, and I should have treated you with the respect you deserve. I realize now that my words were not only unkind but also damaging to our relationship.

I promise to be more mindful in the future and to express myself in a respectful way, even when I am upset. I hope you can forgive me and give me the chance to show you that I can do better.

With love,

[Your Name]

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