

Serious apology after conflict

Subject: Please Forgive Me

Dear [Name],

I am truly sorry for the argument we had and for the things I said that hurt you. In the heat of the moment, I let anger take control, and I spoke in ways that were unfair and unkind.

You mean a lot to me, and I don't want our disagreement to overshadow everything we share. I will work on being more understanding, patient, and thoughtful in our conversations.

Please accept my apology and let's find a way to rebuild the trust we may have lost.

Sincerely,

[Your Name]

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