

# Formal Apology

Subject: Sincere Apology

Dear [Ex's Name],

I am writing this letter to extend my sincere apologies for my behavior during our relationship. I acknowledge that my actions were hurtful, and I take full responsibility for the emotional distress I caused you.

Our relationship may be in the past, but I believe you deserve this formal acknowledgment of my mistakes. I acted without consideration and respect at times, and for that, I am truly sorry.

Please accept my apology as a gesture of goodwill and respect. I wish you success and happiness in every area of your life.

Respectfully,

[Your Name]

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