Sample Apology Letter for Breaking a Promise

Dear [Recipient's Name],

I want to express my deepest apologies for breaking my promise to you. I understand the disappointment and frustration my actions have caused.

I take full responsibility for not keeping my word, and I am committed to making amends and ensuring that I honor my commitments moving forward. Your trust is important to me, and I hope you can find it in your heart to forgive me.

Thank you for your understanding.

Sincerely,

[Your Name]