Sample Apology Letter for Being Unsupportive

Dear [Recipient's Name],

I want to express my sincere apologies for not being supportive when you needed me. I understand the importance of being there for you, and I deeply regret my lack of support.

Your well-being and happiness matter to me, and I am committed to being a better source of support in the future. Please accept my heartfelt apology, and I hope we can work through this together.

Thank you for your understanding.

Sincerely,

[Your Name]