## Sample Apology Letter for Judging

Dear [Recipient's Name],

I want to extend my heartfelt apologies for judging you unfairly. My actions were hurtful, and I deeply regret any discomfort or negative feelings my behavior may have caused.

I understand the importance of accepting and respecting others for who they are, and I am

committed to being more open-minded and compassionate in the future. Please accept my sincere

apology, and I hope we can work towards a more accepting relationship.

Thank you for your understanding.

Sincerely,

[Your Name]