Sample Apology Letter to a Spouse

My Dearest [Spouse's Name],

I am writing this letter to apologize for the pain I have caused you with my actions. I understand that

I have let you down and I deeply regret the hurt I have brought into our relationship.

You mean the world to me, and I am committed to making things right. I promise to work on myself and do whatever it takes to rebuild the trust that has been affected.

Please know that I love you deeply and I am truly sorry for the pain I've caused.

Yours always,

[Your Name]