

Sample Apology Letter for Not Being There

Dear [Recipient's Name],

I want to express my sincere apologies for not being there when you needed me. My absence was regrettable, and I deeply regret any hurt or disappointment my behavior may have caused.

Your well-being and happiness matter to me, and I am committed to being more present and supportive in the future. Please accept my heartfelt apology, and I hope we can navigate challenges together with greater understanding.

Thank you for your understanding.

Sincerely,

[Your Name]