

## Sample Apology Letter for Not Offering Help

Dear [Recipient's Name],

I want to extend my sincerest apologies for not offering my help when you needed it. My inaction was thoughtless, and I deeply regret any frustration or disappointment my behavior may have caused.

I value your well-being and success, and I am committed to being a more supportive and proactive presence in your life moving forward. Please accept my heartfelt apology, and I hope we can navigate challenges together with a stronger sense of assistance.

Thank you for your understanding.

Sincerely,

[Your Name]