Sample Apology Letter for Not Encouraging

Dear [Recipient's Name],

I want to extend my sincerest apologies for not encouraging you when you needed it. My lack of support was thoughtless, and I deeply regret any frustration or discouragement my behavior may have caused.

I value your aspirations and well-being, and I am committed to being a more encouraging and motivating presence in your life moving forward. Please accept my heartfelt apology, and I hope we can work together to uplift and inspire each other.

Thank you for your understanding.

Sincerely,

[Your Name]