Sample Apology Letter for Not Being Kind

Dear [Recipient's Name],

I am writing this letter to apologize for not being kind in our interactions. My behavior was unkind, and I deeply regret any hurt or discomfort my actions may have caused.

I understand the importance of treating others with kindness and respect, and I am committed to being more considerate and compassionate in the future. Please accept my sincere apology, and I hope we can communicate and engage with greater kindness.

Thank you for your understanding.

Sincerely,

[Your Name]