## Sample Apology Letter for Not Keeping in Touch

Dear [Recipient's Name],

I am writing this letter to apologize for not keeping in touch as often as I should have. My lack of communication was thoughtless, and I deeply regret any distance or disconnection my behavior may have caused.

I value our relationship and connection, and I am committed to staying more connected and engaged in the future. Please accept my sincere apology, and I hope we can continue to share our lives and experiences.

Thank you for your understanding.

Sincerely,

[Your Name]