

Sample Apology Letter for Not Respecting Boundaries

Dear [Recipient's Name],

I am writing this letter to apologize for not respecting your boundaries. My actions were invasive, and I deeply regret any discomfort or violation my behavior may have caused.

I understand the importance of personal space and boundaries, and I am committed to being more mindful and respectful of your limits in the future. Please accept my sincere apology, and I hope we can continue our interactions with a greater sense of respect.

Thank you for your understanding.

Sincerely,

[Your Name]