Sample Apology Letter for Not Being Considerate

Dear [Recipient's Name],

I am writing this letter to apologize for not being considerate of your feelings and needs. My thoughtlessness was hurtful, and I deeply regret any pain or frustration my behavior may have caused.

I understand the importance of empathy and consideration, and I am committed to being more mindful of your emotions and circumstances in the future. Please accept my sincere apology, and I hope we can continue our interactions with greater thoughtfulness.

Thank you for your understanding.

Sincerely,

[Your Name]