

Recovery appreciation message template

Dear Mom,

As I finally feel like myself again after this difficult illness, I'm overwhelmed by how much you did to help me heal. Your care went far beyond what any nurse or doctor could provide.

You dropped everything to be by my side, bringing homemade soup when I couldn't keep anything down, staying up all night when my fever spiked, and somehow knowing exactly what I needed before I even asked.

Your presence was my greatest medicine. When I felt scared and weak, your hand holding mine reminded me I wasn't alone. When I got frustrated with the slow recovery, your patience and encouragement kept me going.

Thank you for taking time off work, for sleeping on that uncomfortable hospital chair, for advocating with the doctors when I was too sick to speak for myself. Thank you for being my strength when I had none.

I know I wasn't easy to deal with when I was in pain and irritable, but you never once complained. You just loved me through it all.

I'm grateful every day not just for my recovery, but for having a mother who loves so completely and selflessly.

With all my love and thanks,

[Your name]

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