

Simple daily support appreciation message template

Hi Mom,

I know I don't say it enough, but I wanted to take a moment to thank you for all the little things you do that make such a big difference in my life.

Thank you for always answering my calls, no matter what you're doing. For remembering my important meetings and checking how they went. For sending me articles you think I'd find interesting and recipes you want me to try.

Thank you for still worrying about whether I'm eating enough vegetables and getting enough sleep. It might seem small to you, but knowing someone cares that much about my well-being means everything to me.

Your daily acts of love - the good morning texts, the random "thinking of you" messages, the way you light up when I visit - they fill my heart and remind me how blessed I am to be your child.

I love you so much and appreciate you more than you'll ever know.

Your grateful kid,

[Your name]

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