Deeply personal message to closest confidant

Dearest [Friend's name],

I don't even know how to begin this letter, but I need to tell you something that's breaking my heart. [Partner's name] and I are over. The engagement is off, and I feel like my whole world has been turned upside down.

You know how much I loved them, how excited I was about our future together. But lately, we've been fighting constantly, and we realized we want completely different lives. The person I thought I'd spend forever with feels like a stranger now.

I'm devastated, confused, and honestly scared about what comes next. All those plans we made, the dress I picked out, the venue we booked - it all feels like a cruel joke now.

I need my best friend right now more than ever. Can we talk soon? I could really use a shoulder to cry on and someone who understands me.

I love you and am so grateful to have you in my life.

Your heartbroken friend,

[Your name]

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