

## Heartfelt Excuse Letter

Subject: Request to be Excused from Sports Activity

Dear [Coach Name],

I regret to inform you that I will be unable to participate in the upcoming sports event on [date] due to [reason]. I am genuinely disappointed as I always enjoy taking part, but my current circumstances prevent me from joining.

I hope to rejoin and contribute fully in future activities.

Sincerely,

[Your Name]

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