Heartfelt Message for Serious Health Condition

Dear [Friend's Name],

I was deeply saddened to hear about your diagnosis, and I want you to know that you're constantly in my thoughts and prayers. While I can't fully understand what you're going through, I want you to know that you don't have to face this alone.

Your strength and resilience have always inspired me, and I know these qualities will carry you through this difficult time. Remember that it's okay to have tough days – healing isn't just physical, it's emotional too.

I'm here for whatever you need, whether it's a listening ear, help with errands, or just someone to sit quietly with you. Please don't hesitate to reach out, even if it's just to vent or cry.

You have an army of people who love you and are rooting for your recovery. Take things one day at a time, and know that brighter days are ahead.

With all my love and support,

[Your Name]

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