Transfer due to health concerns

Subject: Internal Transfer Request for Health Reasons

Dear [Manager's Name],

I am writing to request an internal transfer to a position in [Department/Branch], as it would be more

suitable given my current health situation. My doctor has advised me to avoid [specific condition,

e.g., long commutes, night shifts], and I believe this transfer would help me continue performing my

best while taking care of my health.

I remain committed to fulfilling my duties and supporting the organization's goals. I kindly

request your assistance in making this transition possible.

Thank you for your consideration.

Sincerely,

[Your Name]

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