

Encouragement During Tough Times

Subject: Strength in Adversity

Dear [Recipient's Name],

I understand that you are facing a difficult period, and I want you to know that challenges do not define your worth. Every storm will eventually pass, and brighter days are ahead.

Hold onto hope, and take things one step at a time. You have all the strength you need within you.

Sincerely,

[Your Name]

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