## Informal sibling healthcare consent

Subject: Medical Permission for My Sister/Brother [Name]

Hey [Healthcare Provider/Hospital],

I'm [Your Name], and I'm writing about my [brother/sister] [Sibling's Name]. [He/She/They] asked me to handle [his/her/their] medical stuff because [brief reason - traveling, work, etc.].

I have [his/her/their] signed permission to make medical decisions. [He/She/They] trust me to do what's best, and honestly, I know [him/her/them] better than anyone.

Here's what you need to know:

- [He/She/They] hate needles but deal with them
- Allergic to [list or "nothing we know of"]
- Takes [medications] for [conditions]
- Really wants to avoid [any specific concerns]
- Our family has history of [relevant family medical history]

[Sibling's Name] is pretty laid-back about medical stuff and just wants to get better. [He/She/They] said to tell you [any specific message or preference they mentioned].

Call me with questions at [phone]. I'll be around and can translate any "medical speak" for [him/her/them] later.

Thanks for taking care of my [brother/sister],

[Your Name]

[Date]

P.S. - [He/She/They] will probably ask you way too many questions, but [he/she/they] just like to understand everything!

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