

Heartfelt and encouraging therapy reminder

Subject: Gentle Reminder “ Therapy Session

Dear [Patient’s Name],

We hope this message finds you well. This is a reminder about your therapy session with [Therapist’s Name] scheduled on [Day, Date] at [Time].

Taking time for your wellbeing is important, and we’re here to support you. If you need to reschedule, please let us know at least a day in advance.

Warm regards,

[Clinic Team]

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