

Empathetic and motivational welcome letter for a new client

Subject: Welcome to Your New Fitness Journey

Dear [Client Name],

I want to personally welcome you to [Gym Name] and congratulate you on taking this important step toward better health. Committing to personal training is a powerful decision, and I am honored to guide you.

Our sessions will focus on your unique goals, and I am committed to motivating and supporting you through challenges. Remember, every small step counts toward your long-term success.

Looking forward to our first session and seeing your progress unfold!

Warm regards,

[Trainer Name]

[Contact Information]

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