Emotional Discrimination Complaint Letter

Dear [HR Manager],

It is with a heavy heart that I bring to your attention a discriminatory incident that occurred on [Date] by [Person Name]. Their actions/comments regarding [specific reason] have caused me significant distress and discomfort at work.

I hope the organization will take this matter seriously and ensure a safe, respectful, and equitable workplace for all employees. I request a timely investigation and appropriate remedial measures. Sincerely,

[Your Name]

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