

Official apology for breach of trust

Dear [Husband's Name],

I am writing to formally apologize for my actions that have violated the trust between us. I understand the severity of what I have done and the impact it has had on our marriage and your well-being.

I acknowledge that my behavior was unacceptable and that I have failed in my duties as your wife and partner. I take full accountability for my actions and do not seek to minimize or excuse them in any way.

I understand that you may need time to process this situation and decide how you wish to proceed. I respect whatever decision you make and will cooperate fully with any steps you deem necessary for our relationship moving forward.

I am committed to transparency going forward and am prepared to take concrete steps to rebuild the trust I have broken. I am open to professional counseling, both individual and couples therapy, to address the underlying issues that led to this situation.

I hope that in time, you will consider giving me the opportunity to prove that I can be the trustworthy partner you deserve.

Respectfully and with sincere regret,

[Your Name]

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