

SAR email directed to medical or healthcare provider

Subject: Request for Access to Medical Records

Dear [Healthcare Provider],

I am requesting access to my personal data and medical records held by your practice under my data protection rights. Please provide copies of my full medical history, consultation notes, test results, prescriptions, and any correspondence.

I have attached a copy of my identification to confirm my identity. Kindly ensure that this request is fulfilled within the statutory response time.

Thank you for your assistance.

Sincerely,

[Your Name]

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