## Light sympathy note

Subject: Hope You're Feeling Better Soon

Hi [Name],

Just heard you've been under the weather lately. That's such a bummer, especially with everything you've got going on.

Hope you're getting plenty of rest and taking it easy. Sometimes our bodies just need us to slow down for a bit, even when we don't want to!

If you need anything while you're recovering - maybe some soup delivery or someone to walk your dog - just let me know. I'm happy to help out.

Get well soon! Can't wait to see you back to your usual energetic self.

Take care,

[Your name]

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