

Heartfelt Training Proposal Letter for Employee Well-being

Subject: Proposal for Employee Well-being Workshop

Dear [HR Manager],

I propose a workshop focusing on employee well-being, including stress management, work-life balance, and mindfulness techniques. Promoting well-being will enhance morale, reduce burnout, and improve overall productivity.

I kindly request your support in arranging this initiative to demonstrate our commitment to our team's health and happiness.

Warm regards,

[Your Name]

[Department/Position]

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